

## Speaker Biography

---



### **Dr. Sarah Jarvis**

Richford Gate Medical Practice  
Richford Street  
London, UK

Sarah Jarvis is a GP, GP trainer, fellow of the Royal College of General Practitioners and Women's Health spokesperson for the RCGP. She is also a medical writer and broadcaster, and is currently the Radio 2 Doctor and Doctor to Good Housekeeping, Women's Health and Pregnancy magazines with regular appearances on ITN lunchtime news, GMTV and Radio 5 live. She has been a regular contributor to a variety of medical magazines and journals including Update, Doctor, Practice Nurse, the British Journal of Cardiology and Cardiology News.

She has a particular interest in cardiovascular disease, including its impact in Type 2 diabetes and the metabolic syndrome. She has authored *Diabetes for Dummies*, the first medical book in the Dummies series to be published in the UK. She is a member of the advisory board of the British Journal of Cardiology and the patient subgroup of Heart UK.