The earlier COPD is detected and treatment is initiated, the better the results. Progressive in nature, COPD limits the airflow in and out of the lungs, making it difficult to breathe.

Key goals of general COPD management are:
- Prevent the progression of COPD
- Limit COPD symptoms
- Reduce the risk of exacerbations (flare-ups)
- Improve the ability to be active
- Improve overall health and quality of life
- Reduce mortality

Doctors can help people with COPD get on the right medication and treatment plan so they can feel better, live active lives, and slow the damage to their lungs.

384 million people worldwide have COPD.

There is no cure for COPD, but it can be effectively treated.

In addition to cigarette smoke, exposure to pollution is an important factor that also increases the risk of COPD.

References: