CAUSES AND RISKS FACTORS FOR HYPERTENSION

80-95% of people with PRIMARY HYPERTENSION

- Stress
- Smoking
- Physical inactivity
- Body weight
- Salt & fat

5-10% of people with SECONDARY HYPERTENSION
- Chronic kidney disease
- Renovascular disease
- Cushing’s syndrome
- Primary aldosteronism
- Drug treatment
- Phaeochromocytoma

Older-age, African-Americans at markedly higher risk than others